

**Kol Tikvah Preschool  
Enrichment Description  
Fall 2011**

**Clay Club:** In Clay Club, we will be creating with all sorts of fun sculpting and molding materials including, air-dry clay, oven-bake clay, play dough, terra cotta clay, Moon Dough, modeling clay, Model Magic, ceramic pots and much more! We will learn different techniques on how to make bowls and other cool projects! All these materials are not only fun to work with; they are excellent for strengthening fine motor skills!

**Super Fun Arts & Crafts:** In this enrichment class, children will have the opportunity to work with all different kinds of artistic and cool materials! They will explore different painting styles using watercolors, tempera and acrylic paints. The children will paint on canvas, plaster figurines, paper and rocks! They will create amazing Styrofoam sculptures and make homemade play dough! They will bead jewelry and design jewelry boxes. Simple sketching techniques will be taught and the children will learn how to color and shade with pastels! This class is all about creativity and having fun... plus these projects are great for fine motor skill building!

**Kids Can Cook:** This class will cover culinary basics for our older chefs. Different cooking techniques as well as preparation, nutrition, safety and manners will be covered each week. Get ready to make great food and receive a cookbook at the end of the session!

**Tumbling for Tots:** This class will allow the children to have fun while they exercise their bodies. They will try different types of movement on mats and other equipment, as well as learn other introductory gymnastic skills. Each week the children will explore stretching, flexibility and coordination of their bodies as well as tumbling fun and games.

**Jumpstart Reading:** This enrichment course will improve your child's skills in reading readiness. Your child will engage in fun and interesting activities involving reading and writing games, and other fun educational activities. The goal is to have fun while learning! These skills will prepare your child to thrive in Kindergarten and gain confidence as a successful learner. This class is geared toward our older children.

**Fun and Fitness for Kids:** This class is high energy and so much fun for the children! Through a variety of large motor skill activities the class gives children opportunities to explore the fundamentals of a large muscle development and express themselves freely while developing coordination as well as a positive self image. The class incorporates music, song, teamwork and sportsmanship while engaged in fun, games and movement.

**Silly Science:** This class will be fun filled adventure with everything you want your little one to experience but not in your own kitchen! This class is filled with hands on fun and learning opportunities and exploration of all five senses.

**Woodworking:** In this class the children will have the opportunity to learn how to use their imagination through hammering, building, decorating, painting and creating different wood projects. The children build self esteem by creating tangible things with their hands.

**Dance Dimensions:** Pamela Orenstein, from the Woodland Hills *Dance Dimensions Studio*, comes right here to Kol Tikvah to share the art of dance. This class is for both boys and girls to enjoy! Pamela will teach some of the fundamentals of ballet and allow the children enjoy the movement of dance! "Dance in the language of the soul."

**Hebrew Fun:** This class is taught in Hebrew for children who know the language. Stories, poems and songs from Hebrew literature are brought to life each week as the teacher prepares complimentary craft and cooking projects relating to each subject.

**Jumpstart Math:** This enrichment course will improve your child's skills in math readiness. Your child will engage in fun and interesting activities involving math games, and other cool activities. The goal is to have fun while learning! These skills will prepare your child to thrive in Kindergarten and gain confidence as a successful learner. This class is geared toward our older children.

**Cookies and Milk:** This class is geared towards our younger children. Each week they will create special cooking projects inspired by some of our favorite authors. We will read a story and even do some art centered around the book as well. This class is perfect for our 2, 2 ½ and, younger 3 year old children.

**Karate:** The goal is to improve and increase self-confidence, self esteem, self control, balance and strength, coordination, following direction, self protection and fun. Karate classes are taught by Juliana our creative movement teacher. Educated in Wingate, the Institute of Physical Education in Israel, she earned her second degree black belt from Sotokan Karate of America.

**Fun with Foam:** In this class we will emphasize creativity and imagination. Each week we will create exciting foam projects that will enhance your child's creative thinking and enhance their personal emotions. These skills combine into a child's artistic expression; where there is no right or wrong. In class we will practice our fine motor and counting skills, review shapes and colors and more. This class gives children the freedom and adventure that art can provide leaving inhibitions behind opening the door for lots of creative fun.

**Yoga for Youngsters:** This class will introduce each child to the fundamentals of yoga through imagery, balance and breathing techniques. Children will learn basic yoga poses using age-appropriate music while building concentration, coordination, and self confidence all in a positive atmosphere. Our yoga program is an engaging way to develop relaxation skills and expand children's ability to increase attention span and focus more effectively.

**Intro to Spanish:** Speaking Spanish is now more important than ever. Spanish is spoken by close to 30 million people in the U.S. today – more than any other foreign language. Learning Spanish allows your child to connect with the growing population of Spanish speakers in the U.S. and in 21 countries around the world. The children will learn vocabulary in fun and creative ways

**Gymnastics:** This class will allow the children to have fun while they exercise their bodies. They will try different types of movement on mats and other equipment, as well as learn other introductory gymnastic skills. Each week the children will explore stretching, flexibility and coordination of their bodies as well as tumbling fun and games.

**Puppet Pals:** This class will be filled with lots of different types of creative puppet making. Sock puppets, paper plate puppets, stick puppets and more! We will also have a chance to participate in puppet shows too!

**Down on the KT Farm:** This exciting class will invite children to learn about what a farm is, the animals that live there and the food sources it provides. Each week the children will engage in various activities via language, art, music, cooking and sensory as they explore the aspects of a farm. We will have an “udderly” fantastic time!

**Shabbat Club:** In this fun class, we will study and explore Shabbat apart from what we do every Friday in our morning classes. We will learn stories, songs and discuss the weeks Parasha (torah portion read in the temple). We are going to cook special Shabbat dishes from Jewish recipes all around the world. Additionally there will be Shabbat related projects, as well as learning about Kabbalat Shabbat (Friday Night), Shabbat morning, and Havdalla (End of Shabbat). We want to share that Shabbat feeling with you!